

P.L.T.S.

***Personal, Learning
& Thinking Skills***

Self Managers

Seeking Challenges

Finding new responsibilities

Working towards goals

Using your initiative

Being committed to your goals

Showing perseverance

Responding positively to change



Being flexible when circumstances change

Organising your time and resources

Recognising when you need support and advice

Dealing effectively with pressure

Taking risks where appropriate

Anticipating risks and managing them

Prioritising actions

Team Workers

Giving useful feedback

Collaborating with others

Working towards a common goal

Managing discussions

Reaching agreement with others

Adapting behaviour to suit different roles and situations

Supporting others constructively

Showing confidence

Taking responsibility

Being fair to others

Being considerate to others



Reflective Learners

Assessing yourself

Identifying opportunities

Recognising achievements

Identifying success criteria

Communicating your learning to others in appropriate ways



Setting goals

Dealing constructively with setbacks and criticism

Dealing with praise

Inviting Feedback

Reviewing progress

Acting on the outcomes of your review

Evaluating experiences

Effective Participants

Discussing Concerns

Persuading others to participate

Identifying improvements

Finding ways to move forward

Breaking problems down into manageable steps



Presenting other views for discussion

Finding solutions

Keeping a balanced view

Negotiating with others

Creative Thinkers

Generating ideas

Considering new solutions

Extending your thinking

Adapt and react as necessary



Exploring lots of possibilities

Questions assumptions

Asking questions

Following ideas through

Trying out alternatives

Independent Enquirers

Identifying answers to questions

Identifying problems to solve

Planning and carrying out research

Considering the consequences



Exploring from different perspectives

Supporting your conclusions with reasoned arguments and evidence

Evaluating information

Analysing information

Considering how circumstances, beliefs and feelings influence decisions and events